



Little Foxes Preschool and After School Club

## ***Health and Wellbeing Policy***

School Policy

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## 1. First Aid

We follow the Statutory First Aid Policy of John Moore Primary School. Please see for more information.

- All our staff will have or will be obtaining a First Aid Course suitable to carry out First Aid on young people.
  - In Preschool children's Key Worker (if qualified) will carry out First Aid. If this isn't possible, The Room Lead or Early Years Manager.
  - In Breakfast and After School Club there will be a designated First Aider for Each Session.

## 2. Procedures for children who are sick or infectious

- If a child appears unwell during the day a staff member will call the parent and ask them to collect their child, or send a known carer to collect on their behalf.
- If a child has a temperature, they are kept cool and offered a cool drink and temperature is taken by a non contact thermometer.
- In extreme cases we will call an ambulance and the parent will be informed.
- Parents are asked to take their child to the doctor before returning to the setting. Little Foxes can refuse admittance to children who have a temperature, sickness or diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics, parents/carers are asked to keep them home for 48 hours before returning to setting

### a. How long to keep your child off Preschool/School.

Illness	Time off School
Chickenpox	At least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	They no longer have a high temperature and feel well enough to attend. Follow national guidance if they've tested positive for COVID-19
Impetigo	Their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	They've had their first treatment
Scarlet Fever	24 hours after the started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics
Head Lice	No exclusion but start treatment for headlice is recommended straight away.
Hand, foot and Mouth	When they are feeling better
Threadworms	No Exclusion
Glandular fever	No Exclusion
Tonsillitis	No Exclusion
Slapped Cheek	No Exclusion

### **3. Managing Allergies**

We provide care for healthy children and promote health through identifying allergies and preventing contact with the allergenic substance.

When Children start at the setting parents are asked if their child has any allergies. This is recorded on the registration form. If a child has a allergy a risk assessment is completed to detail the following:

- The allergen
- The nature of the allergic reaction
- What to do in case of allergic reactions
- Control measures
- Review

We make a note of any allergies on our Family portal and a list is accessible in the kitchen area for both Preschool and Afterschool Club.

#### **3.1 Life Saving Medication and invasive treatment**

For use of Adrenaline injections (Epipens) for anaphylactic shock reactions the setting needs:

- A letter from the child's GP stating the child's condition and what medication if any is to be administered
- Written consent from the parent/carer allowing staff to administer medication and proof of training in the administration of such medication by the child's GP

### **4. Asthma**

Parents/Carers are to let staff know if their child is diagnosed with asthma and may need an inhaler in the Preschool. *Please see JMPS First Aid Policy for more information.*

After School children also need to provide us separate information and inhaler which is kept in date.

Children who have inhalers should have them available where necessary. Inhalers should be kept in a safe but accessible place. These are kept in a box in the kitchen of Little Foxes Preschool.

## 5. Sun Protection

Too much exposure to ultraviolet radiation for the sun causes sunburn, skin damage and increases the risk of skin cancer. We want all children and staff to enjoy the sun safely.

- We involved children in discussion at the start of summer about sun protection and the risks
- Children are encouraged to use shady areas during playtimes when appropriate
- Children will be encouraged to wear clothes that provide good sun protection and parents/carers will be informed of providing preschool with appropriate headwear.
- Children should have sun cream applied before attending Preschool, ideally the 'All Day' protection. Children who attend for a full day, staff will assist children in re-applying during the day when necessary.
- Parents are asked to give written permission for sun cream to be applied to their children on Family.
- Parents are required to provide the nursery appropriate sun cream for their children, it must be in date and be a minimum of factor 30, this can be left over the summer period at Preschool but has to have the child's name on it.

## 6. Intimate Care/ Nappy Changing

### Policy Overview

The Intimate Care Policy outlines procedures and provision for children who attend Little Foxes who require intimate care. It relates to 2-5 year olds in the Early Years Foundation Stage who are unable to toilet independently. It also relates to all children who may need assistance following a toileting 'accident' or those who require additional support with their personal care.

It implements the duties of the Equalities Act of 2010 and SEN and Disabilities Code of Practice in 2014. Little Foxes and the John Moore Primary School are committed to safeguarding and promoting the welfare of all children in our care and ensure that all staff responsible for intimate care of children will undertake their duties in a professional manner.

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there is medical or other developmental reasons why this may not be appropriate at the time.

We make adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

All staff who provide intimate care will have an enhanced DBS clearance. John Moore Primary School and Little Foxes Preschool's Child Protection and Safeguarding Policy and Procedures will be accessible to staff and adhered to at all times. This policy is in line with Keeping Children Safe in Education (KCSiE) publication and Local Authority guidelines. We acknowledge that intimate care involves risks for the children and adults involved but best practice will be promoted and all adults will be encouraged to be vigilant at all times.

If a member of staff has any concerns about the physical changes to a child's presentation, e.g; unexplained marks, bruises etc they will follow the procedures as set out in the schools Child Protection and Safeguarding Policy and report those concerns to the Designated Safeguarding Lead (DSL)

Little Foxes Preschool DSL: Bronwen Williams  
Backup DSL available are Ruth Laing, Heather Philcox and Sarah Hathaway at the John Moore Primary School

If a child becomes distressed or unhappy being cared for by a particular member of staff, the matter will be investigated at an appropriate level and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of reaching a resolution. If a child makes an allegation about a member of staff, this will be investigated in the line with the Child Protection and Safeguarding Policy.

### 6.1 Nappy Changing Procedures

- Young children from two years who wear pull ups or training pants as soon as they are comfortable with this and their parents agree
- When available, the child's Key Person will change them with another adult nearby. If their keyworker isn't available then their backup Key Person or the room leader will change them instead.
- Changing areas are warm and there is safe access to lay young children if they need their bottoms cleaned
- Parents ensure that each young child bring a bag with their nappies and changing wipes.
- Gloves and aprons are put on before changing starts and the area is prepared. The mat is cleaned thoroughly with antibacterial spray after each use
- All staff are familiar with the hygiene procedures and carry out these when changing nappies.
- Key persons ensure that nappy changing is relaxed and a time to promote independence in young children. They are encouraged to take an interest in using the toilet, even if they are just sat on a toilet and talking to a friend in another toilet.
- They are encouraged to wash their hands and be allowed time for play with the water and soap.
- Key persons are gentle when changing; they avoid pulling funny faces or making negative comments about the 'nappy contents' they will not make inappropriate comments about the young children's genitals when changing their nappies.
- A note will be made on Family of the time of change and contents of the nappy for parental information.
- We work with parents wishes on the transition out of nappies. If an toileting accident occurs, children will be changed and their soiled clothes bagged up. Parents will be informed on Family, or informed the same day.

## 7. Settling In Policy

Starting at Playgroup can be exciting for some children and less appealing for others. Staff will work with you and your child to achieve the best outcomes from the settling in time at Little Foxes

- At the application stage, important information will be given to parents to decide on whether the setting would be suitable for their child. We provide written information, such as policies and information such as opening times.
- We will provide opportunities for the child and parents to visit the setting before applying for Little Foxes Preschool.
- In the summer term before children start in the September there will be a parent/carers meeting to discuss all information needed to start at Little Foxes. Children do not need to be potty trained to start at Preschool.
- We offer children a 45 minute 'settle session' with a parent/carer to discuss any concerns and go through the child's 'About Me' booklet.
- When a child starts to attend, we explain the settling in process and decide on the best way to help the child settle in. Usually this begins with a half day sessions until they are happy to be left.
- Younger children will take longer to settle in, as will children who haven't attended a setting before. Children who have long periods of absence may also need their parent on hand to re-settle them.
- We judge a child to be settled when they have formed a relationship with their key person; for example the child will look for the key person when they arrive, goes to them for comfort, and seems pleased to be with them. The child is also familiar with where things are and is pleased to see other children and participate in activities
- When parents/carers leave, we ask them to say goodbye to their child and explain they will be coming back and when.
- We recognise that some children settle more readily than others, we reserve the right to not accept a child into the setting without a parent or carer if the child finds it distressing to be left. This applies especially to very young children.

## 8. Animals in the Setting

### Policy Statement

Children learn about the natural world, it's animals and other living creatures as part of the Early Years Foundation Stage curriculum. This may include contact with animals and other living creatures, either in the setting or on visits. We aim to ensure that this is in accordance with sensible hygiene and safety controls

### Procedures

#### *Animals in the setting as pets*

- We take into account the views of parents/carers and children when selecting an animal or creature for the setting to keep as a pet
- We carry out risk assessments with a knowledgeable person accounting for any hygiene or safety risks posed by the animal.
- We provide suitable housing for the animal and ensure this is cleaned out regularly and is kept safe. Staff wear disposable gloves when cleaning housing or handling soiled bedding.
- We ensure the correct food is offered at the right times.
- We makes arrangements for weekend and holiday care for the animal.
- Children are taught correct handling and care of the animal and wash their hands after handling the animals and do not have contact with soiled bedding

#### *Visits to Farms*

- Before a visit to a farm a risk assessment is carried out and that the outings policy is followed.
- Children wash their hands after contact with animals.
- Outdoor footwear is worn to visit farms and are cleaned of mud and debris. These shouldn't be worn indoors.